Form Code: **2** *Rev. 34* 

OTHER GOOD NUMBERS TO KNOW:

1. Celebrate Recovery: (918) 231-0655

2. County Health Dept.: (800) 522-0203

Goodwill: (800) GOODWILL
 Oxford House: (800) 689-6411

5. Salvation Army: (405) 246-1100

6. Tobacco Quit-Line: (800-784-8669)

1. Call **2-1-1** for a directory of social services in Oklahoma, or go online for the Community Resource Directory at <a href="https://www.referweb.net/hlok/">www.referweb.net/hlok/</a>

# 2. Attorney & Legal Services

- a. Criminal defense attorney: Jim Drummond, Norman, OK, 310-4040
- b. Drug charge specialist attorney: Doug Parr, OKC, 800-787-2415
- c. Immigration law specialist: Melissa Tipton, OKC, 942-2269
- d. Immigration law, pro bono: *Catholic Charities*, 1501 N. Classen Blvd., OKC, 523-3000
- e. Legal Aid, call 488-6825 (No criminal, just civil, tax, bankruptcy, divorce, etc.)
- f. Trinity Legal Clinic for the homeless, call "Cross and Crown Mission" in OKC, 232-7696
- g. Help with Legal Fees (court costs, fines, etc.): Still working on this one
- 3. Budget Spreadsheet: See form on resource table (spreadsheet available on our website, www.h4hweb.org)

# 4. Case Management:

- a. C.A.R.E. for Change, Inc., 3621 N. Kelley Ave # 100, 524-5525, Gwen Lewis
- b. Family HOPE (program of Catholic Charities), 1501 N. Classen, 523-3028, Ashley Moore
- c. Salvation Army, 311 SW 5<sup>th</sup>, 246-1060, Dee Watts
- d. Upward Transitions (formerly Traveler's Aid), 1033 N. Walker, Terri Womack, 232-5507

#### 5. Cell Phone & Service:

- a. OKC Cellular, 5730 NW 39<sup>th</sup> St., 942-2355, Sam Asseleh, owner
- b. TerraCom Wireless, "Free Cell Phone", 877-351-4747 or www.terracomwireless.com
- c. *USA Government Phone*, \$1 per month (if you are currently receiving government services), 855-872-6789 or <a href="https://www.usagovphone.com">www.usagovphone.com</a>, 1,000 minutes or texts
- 6. Child Support Issues: OKDHS Child Support Enforcement (CSE), CARE Customer Service Center, 522-2922

## 7. Clothing, Free or Almost Free:

- a. Christian Service Center, 115 SW 24<sup>th</sup> St., Jack Grimes, 236-5956
- b. Cross & Crown Ministries, 1008 N. McKinley, Luke Whitmire, 232-7696
- c. Eastside Church of Christ, 916 S. Douglas (Midwest City), Wanda, 622-2053, Mondays 9:00 to 11:00 AM
- d. *Goodwill* (17 locations), nearest one to here is 2124 NW 23<sup>rd</sup>, just west of NW 23<sup>rd</sup> and Penn Ave.; returning citizens with prison paperwork can get \$40 in free products; main phone number, see above
- e. Heart and Hand Thrift Store, NW 23<sup>rd</sup> & Council, 470-0431, Vicki Morris, Mon-Sat, 9:00AM to 7:00 PM
- f. Neighbor for Neighbor, 300 SW 13<sup>th</sup>, 236-0473
- g. Redemption Church, 1320 N. Penn, 528-0963
- h. Skyline Urban Ministries, McKee Center, 500 S.E. 15<sup>th</sup> St., 632-2644, clothing Mon-Wed-Fri, 12:30 PM to 1:30 PM
- i. The Urban Mission, 3737 N. Portland 946-1556
- 8. **Dental Care:** See the handout "Resource for Dental Care"
- 9. Detox, Medical: The Referral Center "TRC", 1215 NW 25<sup>th</sup>, 525-2525, 10-14 day pgm. (men & women)
- 10. Emergency Shelter Options (NO Sex Offenders allowed; some Violent Offenders may be allowed, call for details)
  - a. City Rescue Mission, 800 W. California, 232-2709
  - b. Grace Rescue Mission, 2205 Exchange Ave., 232-5756
  - c. Jesus House, 1335 W. Sheridan, 232-7164
  - d. Salvation Army, 311 SW 5<sup>th</sup>, 246-1060

#### 11. Employment for ex-felons:

a. See the handouts "Roadmap to Employment in

OKC", "Job Leads in OKC" and "Careers for Ex-Felons"

## 12. Eye Glasses & Optical Care:

- a. Community Charity Eye Clinic (located within Skyline Urban Ministry), 701 NW 8<sup>th</sup> St., 236-5212
- b. Crossings Community Clinic, 2208 W. Hefner Road, 749-0800, By appointment only
- c. Ministries of Jesus, 1100 E. I-35, Edmond, 340-7400
- d. See the handout "Healthcare Options for the Uninsured"

#### 13. Furniture, Free or Low Cost:

## SPECIALTY SHELTERS IN OKC:

- 1. For women fleeing domestic violence: YWCA Passageway, 917-9922
- 2. For homeless teens: Family Junction, 201 NE 50th St., 235-7537
- 3. For children: Pauline E. Mayer Shelter, 5909 N. Classen Blvd., 521-3646
- 4. For the elderly and medically frail: Sunbeam Family Services, 528-7721
- 5. For homeless adults: WestTown Day Shelter, NW 3<sup>rd</sup> & Virginia, 415-8410

Form Code: 2

Rev. 34

- a. The Furniture Bank of Oklahoma City Inquiries to receive furniture must go through a partnering agency, which is either Skyline Ministries at 632-2644 or Catholic Charities at 523-3000. They will provide the necessary referral.
- b. Also, see #34, Thrift Stores
- 14. Haircuts: \$5 haircut, Pat & Debbie's, corner of W. Commerce (SW 25<sup>th</sup>) & Robinson

# 15. Health, Wellness, Exercise & Work-Out Facilities:

- a. Most YMCA's offer free memberships to the unemployed or those in low income: Ask about the "starter membership" and then request to fill out a financial assistance form.
- b. *The CUBE*: free gym facility, 7903 NW 30<sup>th</sup>, 495-2727 (A ministry of Council Road Baptist Church)
- 16. <u>Health Insurance:</u> SoonerCare (through OKDHS) (800) 987-7767 (Oklahoma Medicaid)
- 17. HIV/AIDS Support & Treatment: RAIN Oklahoma, 600 NW 23rd St., 232-2437, www.rainoklahoma.org

#### 18. Homeless Showers:

a. The CUBE: free shower facility, 7903 NW 30<sup>th</sup>, 495-2727, M-F 7-to-7, closed Sat. & Sun.

# 19. Housing Assistance

- a. Community Action Agency, 319 SW 25th St., 232-0199, Hazel Poplin, Social Services Coordinator
- b. Neighborhood Services Organization (NSO), 431 SW 11th St., 236-0413, Zelda Davis
- c. Oklahoma City Housing Authority (Public Housing, Section 8, etc.), 239-7551, 1700 NE 4<sup>th</sup> St.
- d. *Oklahoma Housing Finance Agency*, 100 NW 63<sup>rd</sup> St., Suite 200, 848-1144, homeless program, rental assistance, home ownership programs
- e. The Homeless Alliance, 1729 NW 3rd St., 632-2293, Dan Straughn

## 20. Housing for Sex Offenders:

- a. *Hand Up Ministries*, SE 59<sup>th</sup> & Eastern, Rev. David Nichols, 232-5871 (men's & women's programs), residential program, waiting list, thorough screening
- b. Hope for the Hopeless, 615-6648, Steve Gordon, housing options for RSO's with income and transportation

#### 21. Identification:

- a. OK State Health Dept. Vital Records, NE 10<sup>th</sup> & Stonewall, 271-4040 (birth certificates)
- b. Dept. of Public Safety, 2480 W. I-240 Service Rd., 681-5489 (state ID's and drivers licenses)
- c. Social Security Office, 2615 N. Villa (Shepherd Mall, west door), 866-331-2207 (S.S. cards, etc.)
- d. Where to write for vital records: www.cdc.gov/nchs/w2w.htm (individual state and territory information)
- e. Financial Assistance for ID's:
  - i. Guild of St. George, 117 NW 7<sup>th</sup> St., 235-3436
  - ii. Fairview Baptist Church, 1700 NE 7<sup>th</sup> St., Donna Thompson, 209-6750
  - iii. Northeast Resource Center, 3401 NE 16th St., Marilyn Long, 602-1532
  - iv. Upward Transitions (formerly Traveler's Aid), 1033 N. Walker, Terri Womack, 232-5507

## 22. Meals & Food:

(*Regional Food Bank* website directory of food programs: <a href="www.regionalfoodbank.org">www.regionalfoodbank.org</a>, then 'search for help' online to find a program in your neighborhood or call 972-1111)

- a. Christian Service Center, 115 SW 24<sup>th</sup> St., Jack Grimes, 236-5956, food pantry
- b. Love Link Ministries, food pantry, Tuesdays & Fridays, 11:00 AM to 1:00 PM, 1122 Linwood Blvd. (SW corner of NW 6th, Linwood Blvd & N. Western), 239-6219
- c. Salvation Army Emergency Food Pantry, 501 S. Harvey, 9:00 AM 12:00 PM (noon) and 1:00 4:00 PM Monday Thursday. Friday, they are open from 9:00 AM 12:00 PM (noon) for clients that receive disability benefits and/or seniors 62 years of age and older.
- d. Sister BJ's Pantry, 819 NW 4th, 837-7068, Breakfast, Fri & Sat
- e. West Town Day Shelter, 1729 NW 3<sup>rd</sup>, Andrew Waymire, 415-8500, Breakfast & Lunch, Mon-Fri

# 23. Medical Clinics

- a. SOONER SUCCESS HOTLINE: (800) 426-2747 (medical and special needs hotline)
- b. Healing Hands Clinic (for the homeless): walk-ins and appointments; 411 NW 11<sup>th</sup> St., 272-0476
- c. See the handout "Healthcare Options for the Uninsured"

#### 24. Mental Health Community Service Centers and Other Resources:

a. REACH OUT HOTLINE: (800) 522-9054

Form Code: 2

Rev. 34

- b. Hope Community Services, 105 S.E. 45th, 634-4400
- c. North Care, 1140 N. Hudson, 272-0660
- d. Red Rock, 4400 N. Lincoln, 424-7711
- e. OK County Crisis Intervention Center, 1200 NE 13<sup>th</sup> St., 522-8100
- f. NAMI Oklahoma, support groups & more, 4200 Perimeter Center Dr. Suite 150, 230-1900

### 25. Native American Resources:

- a. *United Urban Indian Council:* 4801 N. Classen Blvd., Suite 200, Tina, 810-9202, job search assistance, GED classes, tuition assistance; only helps Oklahoma County residents <a href="www.uuic.org">www.uuic.org</a> call for an appointment
- b. Cheyenne-Arapaho Employment Program Holly Sheridan (405) 262-0345 ext. 27490
- c. Chickasaw Nation Prisoner Reentry Program Cynthia Mose (580) 222-2842, ext. 61120
- d. Citizen-Potawatomi Nation Prisoner Reentry Program Burt Patadal (405) 598-0797 (helps any tribe)
- e. Comanche Nation Prisoner Reentry Program Alicia Wilson (580) 492-3341
- f. Muscogee (Creek) Nation Prisoner Reentry Program Tony Fish (918) 652-2676
- g. Seminole Nation Prisoner Reentry Program Andrea Alexander (405) 220-5672

# 26. Prescriptions/Pharmacy:

- a. Oklahoma County Pharmacy, 7401 NE 23<sup>rd</sup> St., 713-1893, must have current prescription
- b. *RX for Oklahoma* at 1-877-RX4-OKLA (877-794-6552)
- c. See the handout "Healthcare Options for the Uninsured"

# 27. Prison Aftercare Ministries (MUST APPLY FROM PRISON, NOT THE STREET)

- a. Exodus House, 433 NW 25<sup>th</sup>, Robin Wertz, 525-2300 (men's & women's programs)
- b. Fitting Back In, Main # (in Tulsa) 918-592-3500 has OKC satellite location (men & women)
- c. Hand Up Ministries, SE 59<sup>th</sup> & Eastern, Rev. David Nichols, 232-5871 (men's & women's programs)
- d. Living Faith Ministries, 1404 E. I-44 Service Road, David McBride, 607-0928 (men only)
- e. Living Hope Ministries, www.livinghopeok.org, Janet Sherry, 535-8328 (women only)

#### 28. Rental Assistance:

- a. Community Action Agency, 319 S.W. 25th St., 232-0199
- b. Good Shepherd Ministries, 1201 N. Robinson, Cathy Manuel, 232-8631
- c. NSO Neighborhood Service Organization, call 604-9453 ON TUESDAYS starting at 9:00 a.m. Calls left on the answering machine will not be returned.
- d. Or call 2-1-1

# 29. **Residential Recovery Programs** (all are Christian discipleship and/or housing programs for addicts)

- a. Adult Rehabilitation Center "ARC", 2041 N.W. 7th Street, Captain Greg Davis, 236-3677 (men only)
- b. Bridge to Life: 10-month program at City Rescue Mission (see contact info above), (men & women)
- c. My Brother's Keeper, 897 NW 95<sup>th</sup>, 286-5303, Pastor Phillip Castillo
- d. CityCare's Pershing Center: 2400 General Pershing Blvd., 609-2400, (men & women), awesome long-term program, must be homeless and have 90 days sobriety
- e. Teen Challenge (Men 18+): 2212 SW 55<sup>th</sup> St., 600-7417
- 30. Sex Offender Treatment Provider: Dr. Richard Kishur, Behavioral Therapy, 848-3373

### 31. Sober Living Houses & Programs (partial list)

- a. Oxford House, many locations in OKC (men, women, women w/ children), www.oxfordhouseok.org
- b. Providence Sober Living Apartments, 2425 NE 10<sup>th</sup> St., Reva Coby, 424-2547 (men & women)
- c. Serenity Outreach Recovery Community, Pastors Ronald & Wilma Scott, 557-1910 (men & women)
- d. SOS Sober House for Women ("Amethyst House"), James Patterson, 205-8251 (women only)
- e. Turning Point, 2425 NE 10<sup>th</sup> St., 424-2547, Mon. & Wed. 11-7, Tue., Thu., Fri. 8-5 (men & women)
- f. *Ubuntu Living*, Kenny Fikes, apply online at www.ubuntuliving.org (men only)

# 32. Substance Abuse Treatment (Outpatient):

- a. See the handout "A Roadmap to Treatment & Recovery in OKC"
- b. C.A.R.E. for Change, Inc., 3621 N. Kelley Ave # 100, 524-5525, Gwen Lewis
- c. Specialized Outpatient Services (SOS): 5208 Classen Circle, 810-1766, Linda Williams
- d. Turning Point, 319 SW 25th, 232-0199, ext. 2306

#### 33. Support Groups

Form Code: 2

Rev. 34

- a. AA Hotline: 524-1100......NA Hotline: 524-7068
- b. OCARTA: 2808 NW 31<sup>st</sup>, OKC, 848-7555, addiction recovery support, peer-led groups, reentry help & more!
- c. **Mental Illness** Support Group, through *NAMI Oklahoma*: 230-1900, namiok@coxinet.net, www.ok.nami.org, Executive Director: Ms. Traci Cook
- d. MONDAY NIGHT: *Celebrate Recovery* @ Western Oaks Church of the Nazarene, 7901 NW 16<sup>th</sup>, dinner at 6:00 PM, worship at 7:00 PM, share group at 8:00 PM, coffee at 9:00 PM, 787-2042
- e. TUESDAY NIGHT: *Celebrate Recovery* @ Crossroads Church 8901 S. Shields, 634-1495; CR Contact: Debra Jones; 6:00pm Meal 7:00pm Large Group 8:00pm Small Groups 9:00pm Solid Rock Café
- f. THURSDAY NIGHT: *Celebrate Recovery* @ *Crossings Community Church*, 14600 N. Portland, dinner at 5:45 PM, worship at 6:30 PM, share group at 7:30 PM, coffee at 8:30 PM, 302-1262
- g. FRIDAY NIGHT: *Share Your Care* @ *Council Road Baptist Church*, 2900 N. Council Road, 6:00 PM, dinner included, 234-6335
- 34. Thrift Stores: (Online Directory: www.thethriftshopper.com/city/Oklahoma\_City/OK/1.htm)
  - a. Heart and Hand Thrift Store (NW 23<sup>rd</sup> & Council in the DeVille Shopping Center), 470-0431, Vicki
  - b. Love Link, 1122 Linwood Blvd., Marilyn or Dave, 239-6219
  - c. Presbyterian Urban Mission, 3737 N. Portland, 946-1556
  - d. R.O.C. (Reaching Our City Thrift), NW 10<sup>th</sup> and Rockwell, Laurie, 440-0174

# 35. Transportation

- a. Source for bicycles: *Backyard Bikes*, Mark Adamson, 232-1281, 1604 NW 30<sup>th</sup> (prices starting at \$35)
- b. Metro Transit System bus routes to view online: <a href="www.gometro.org">www.gometro.org</a>, then click Schedules, then System Map, or call 235-RIDE
- c. Free City Bus Passes (for the Metro Transit system):
  - i. Catholic Charities, 1501 N. Classen Blvd., 523-3000
  - ii. Goodwill, 316 S. Blackwelder, Linda Wilson, 278-7152
  - iii. Guild of St. George, 117 NW 7<sup>th</sup> St., 235-3436
  - iv. Salvation Army, 311 SW 5th, Dee Watts, 246-1060
  - v. Upward Transitions (formerly Traveler's Aid), 1033 N. Walker, Terri Womack, 232-5507
  - vi. Urban League, 3900 N. Martin Luther King Ave., Beverly Leflore-Woodson, 424-5243
- d. 30-day Bus Pass: \$50, Bus Station Transit Center, NW 5th & Hudson (\$25 for "special patrons")
- e. On weeknights and Sundays, METRO Link provides transportation in a defined area of Oklahoma City. Anyone can use METRO Link simply hop-on at any stop. A limited number of reservations for curb-to-curb service are available. With reservations, METRO Link will pick up and drop off at any house or business located within the service area. Call 688-6552 for details.
- f. Work Trucks: Pick-up trucks for \$1,000 & up, Jerry Scalf, 640-4242
- g. SoonerRide, 877-404-4500, non-emergency transportation service to SoonerCare medical appointments

### 36. Veterans' Services:

- a. See the hand-out "Roadmap to Veterans' Services in OKC"
- b. Prison reentry and transition services for veterans: Tony Kirksey, VA Med. Ctr., 456-1762
- c. Employment for homeless veterans: Reva Sweetin, VA Med. Ctr., 694-1350
- d. Employment for veterans: Bill Jobe, WorkForce, 713-1890

# 37. Women's Ministries

- a. Agape Connection: classes, recovery from abuse & trauma, mentoring, Laronda Alexander RN, 306-4524
- b. *Bethel Foundation* (single working moms only): temporary housing, education assistance, life skills training, ongoing parenting support, baby stuff, kids' events and more, Lynda Powell, 286-3700
- c. Healthy Start: resources for parents of babies and more!, Marguerita Shaw, 210-1003, www.chciokc.org
- d. Heart & Hand Homes: victims of domestic abuse, 9 houses in OKC, Kathy Pauwell, 528-0171
- e. Raising The Standard Ministries: transitional housing for ex-offenders, Ilinda Jackson, 228-4042
- f. The Sanctuary: Women's Development Center, 2133 SW 11th, Lisa Chamberlain, 526-2321, safe haven + resources
- g. YWCA Transitional Housing: 2460 W. I-44 Service Road, 948-1770, 2-year program

## THIS MATERIAL IS NOT COPYRIGHTED. PLEASE DISTRIBUTE FREELY.